



Northwest Center for *Creative Aging*  
PRESENTS

Eileen Allen

on

“Choosing Happiness”

Tuesday, March 29

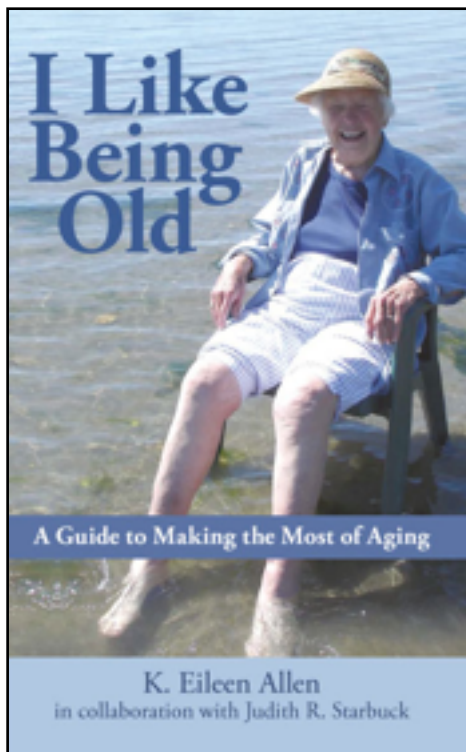
2:00 - 3:00 PM

Emerald Heights

10901 176th Circle NE  
Redmond, WA

**Event and Parking are Free**

Please RSVP to Jan Frederick  
[jan@nwcreativeaging.org](mailto:jan@nwcreativeaging.org) or  
206 382-3789



**Prepare to be inspired!** Eileen is a *compelling* speaker and, at 92 years old, is still trying new things and making choices that give her the best life possible. She has been interviewed by Jeannie Yandel at KUOW (94.9) and was the subject of a Seattle Times article by Jerry Large.

Eileen will be available to sign her book, *I Like Being Old*, after her talk.  
Books can be purchased for \$15.00 cash or check